Always use the GOLDEN RULE:

Treat others the way you would like to be treated.

The Peer Health Educators would like you to have the healthiest relationships possible.

Here are a few ways you can maintain a healthy relationship:

- Be flexible, but this should go both ways
- Respect your partner and yourself
- Be dependable
- Be open, honest, and trustworthy
- Be yourself

If you or someone you know is a victim of dating violence contact the Prairie Center Against Sexual Assault
217.243.7330
Or
Bill Tennill in at Templeton Counseling Center
217.245.3073